



The Compassionate Heart: Nurturing the Life Within

A meditation group retreat held in a peaceful rural setting
near Featherston. (venue is wheelchair accessible)

All welcome

Friday night 4th – Sunday lunch 6th October

Cost \$125.

Please book by Saturday 14th September

To book contact:

Carole Hunt ph. 2341992

nzcarole@vodafone.co.nz

Or Helen Gray ph.2399767

helenpgray@gmail.com



Organised by the Meditation Group which meets at St Andrews,
Plimmerton