



For information and bookings on any of these offerings
contact Pip on: (04) 562 6364 or pip.nicholls@xtra.co.nz

Nationally

March to November — Contemplative Living Programme at home

WALKING THE MYSTICAL PATH – CONTEMPORARY SAGES SHOW US THE WAY

This programme is now available as an 'at home' programme of: resource material, reading, reflection, spiritual practices and includes four spiritual companioning sessions by skype or phone. During the programme we look at five strands of the path: theology, the heart of Christ, compassion, creativity and social justice/work through teachings and practices of contemporary sages such as Merton, Newell, Bourgeault, Weil, Rohr, Fox, Doherty to name but a few. This is an experiential programme to deepen and support our own sense of Spirit.

Wellington

LECTIO DIVINA AND TIME FOR SILENT PRAYER – Lower Hutt

Date: The last Tuesday of every month but December.

Venue: St James, Woburn Road, Lower Hutt (wheelchair accessible)

Time: 12noon to 1pm

LECTIO DIVINA AND TIME FOR SILENT PRAYER - Thorndon

Date: The second Monday of the month except January.

Venue: Pa Maria, 78 Hobson St Thorndon (wheelchair accessible)

Time: 7pm to 8.15pm **Cost:** Suggested koha of \$5

April - November: 'THESE PATHS ARE MADE FOR WALKING...' Early and present day contemplatives show us how...

During these four retreat days we will explore four early Christian traditions to support deepening our own 'heart of Christ'. We will look at each tradition through the eyes of one of their current contemplatives. Each day there will be input, individual and group reflection, stillness, lectio divina and will stand by itself as well as build on the other three.

13th April: **Raw, Roar and Rohr with the Franciscans**

20th July: **Baggage, Beauty and Bourgeault with the Trappists**

5th October: **Marrow, Melting and Moore with the laity**

21st November: **Thirst, Tambourines and Tessa with the Carmelites**

13 April RAW, ROAR AND ROHR with the FRANSCISCANS – retreat day

There is a component to all of us that is wild, free and not available for domestication, however for many of us it has been tamed because we thought that was the way to go. Today we'll explore the spirit of St Francis through the eyes of Richard Rohr and what 'Brother sun and Sister moon' may have to say to us today.

Venue: Pa Maria, 78 Hobson Street, Thorndon, Wellington (wheelchair accessible)

Time: 10.30am to 4pm

Cost: \$50 per day or \$175 for all four days **BYO lunch**

4-5 May TWO THOMAS'BRING US HOME

Merton and Keating show us where and how.

Thomas Merton clearly articulated notions of the false-self and where to find the real Self, the Divine Indwelling. Since then, Thomas Keating has clearly articulated how to heal the false-self so that the true Self is experienced within. This weekend retreat is an opportunity to learn from these two contemporary mystics and to make their wisdom relevant to your own 'Fourth and Walnut street'.

Venue: Pa Maria, 78 Hobson Street, Thorndon, Wellington (this venue has changed from that previously advertised)

Time: 10am on the 4th to 3pm on the 5th.

Fee: \$100 BYO lunch and there is a residential option available.

26 May '..... AND GET UP AGAIN.'

When Benedict was asked what a monk did all day he responded "they fall down and get up again, they fall down and get up again, they...." No doubt we all begin any form of contemplative prayer with great enthusiasm and commitment and before long we realise that we've fallen down and frequently just forget how to get up again... During the day we will see that falling down is an important component of all contemplative practices and we will look at the many differing ways of getting up again.

Facilitators: Pip Nicholls & Molly King

Venue: Pa Maria, 78 Hobson Street, Thorndon (wheelchair accessible)

Time: 10.30am to 4pm

Cost: \$50. BYO lunch

23-28 June EXPERIENCING THE CONTEMPLATIVE WAY

This will be similar to a week of guided prayer except the prayer practice will be meditation or prayer of silence. Participants will commit themselves to meditate for 30 minutes each day and then meet with a spiritual director twice to reflect on their experiences. All participants will begin by meeting together on the Sunday afternoon, Wednesday evening and it will conclude by meeting again on the Friday evening.

Spiritual Companions: Pip Nicholls and Maureen Lamb.

Venue: St Andrew on the Terrace, The Terrace, Wellington. (not wheelchair accessible)

Cost: \$60.00

Enquiries/registration by 12 June to: Pip Nicholls (04) 562 6364 or pip.nicholls@xtra.co.nz