



Give me a word

learning from the desert fathers and mothers

In the desert we are invited to a place of deep encounter with our self and with God. The desert encourages us to get rid of all that is non-essential about ourselves and make the commitment to a deepening self-awareness and relationship with God. In this retreat we look to the desert Fathers and Mothers for their wisdom as we make our way through the desert.

5th August – 23rd August

Programme Fee: \$45

This includes 5 e-mails sent to you each week for 3 weeks. Each day will offer a reflection and questions to ponder around one or more sayings of the desert Fathers or Mothers. Spiritual Direction is available on request.

Registration: spiritualdirector3@gmail.com

Facilitated by Jan Sampson, spiritual director, associate member of ACSD.